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AI Cost Discipline and Agent Loops

Measure the whole workflow. Bound every autonomous loop.

THE WORKING METHOD

1. Count the full cost Include models, tools, human review, rework, monitoring, and exception handling.
2. Bound the loop Set a budget, completion condition, maximum attempts, and escalation path.
3. Measure the return Connect capacity, quality, speed, or risk reduction to a business outcome.

WORKSHEET

Workflow	
Model and tool cost	
Human review time	
Rework	
Stop condition	
Escalation owner	

WHAT TO TEST NEXT

- 1. Instrument one recurring workflow.
- 2. Add a stop condition before the next run.
- 3. Review cost and value together.

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